

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Snack Bar</b>	Choose from our Pasta Bar or a selection of Hot Sub rolls and baguettes				
<b>Main Meal 1</b>	Moroccan Meatballs	Pork Tenderloin	Roast Turkey & Stuffing	Bolognaise	Fish Fingers
<b>Main Meal 2 (v)</b>	Mozzarella and red onion Tart	Mediterranean Fusilli	Red Lentil Bake	Veggie Chilli Cob	Veggie Spring Rolls
<b>Served with:</b>	Served on a bed of Rice or Couscous	Garlic crushed new potatoes	Roasted Potatoes or Root Vegetable Mash	Spaghetti	Chips or Noodles
	Mediterranean Veg	Spinach & Tomato	Carrots & Broccoli	Peas & Sweetcorn	Baked Beans or Tomato Salsa
<b>Cold Snack Bar</b>	Various Tasty Salads, sandwiches and baguettes. Fresh Fruit Salads, yoghurts, Fruit selection				
<b>Desserts</b>	Lemon Drizzle cake & Custard	Syrup Sponge & Custard	Fruit Trifle	Frosted Carrot Cake	Giant Cookie & Milk

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Snack Bar</b>	Choose from our Pasta Bar or a selection of Hot Sub rolls and baguettes				
<b>Main Meal 1</b>	Baked Sausages & Onion gravy	Sticky Pork Belly	Roast Beef with Yorkshire Pudding	Parmesan Chicken Goujons	Thai style Fish Cakes
<b>Main Meal 2 (v)</b>	Cheese & Red pepper puffed roll	Macaroni Cheese	Stuffed Pepper	Quorn chilli Wrap	Pizza Whirl
<b>Served with:</b>	Sweet Potato Mash or Sauté Potatoes	Spicy Rice or Mediterranean Bread	Roasted Potatoes or Savoury Potatoes	Sweet Tomato Pasta	Chips or Lemon & Coriander Couscous
	Sautéed Onions or Baked Beans	Roasted Vegetables & Sweetcorn	Carrots & Broccoli	Peas	Roasted pepper & spring onion medley
<b>Cold Snack Bar</b>	Various Tasty Salads, sandwiches and baguettes. Fresh Fruit Salads, yoghurts, Fruit selection				
<b>Desserts</b>	Manchester Tart	Fruit Mousse	Cheeky Chocolate Cake & Sauce	Jam Spongem & Custard	Fruit Muffin

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Snack Bar</b>	Choose from our Pasta Bar or a selection of Hot Sub rolls and baguettes				
<b>Main Meal 1</b>	BBQ Chicken Pitta	Lasagne	Roast Pork & Apple Sauce	Beef & Spring Onion in Hoi Sin Sauce	Fish Goujons
<b>Main Meal 2 (v)</b>	Vegetable Curry	Mushroom Carbonara	Cauliflower & Broccoli Cheese	Quorn Stir Fry	Lentil Burger
<b>Served with:</b>	Potato Wedges Chiapata	Garlic Dough Balls	Roasted or Parsley Potatoes	Noodles or Rice	Chips or Lemon & Coriander Couscous
	Shredded Lettuce Winter Salad	Mixed Leaf Salad	Carrots & Cabbage	Roasted Tomato & Mushrooms	Mushy Peas or Baked Beans
<b>Cold Snack Bar</b>	Various Tasty Salads, sandwiches and baguettes. Fresh Fruit Salads, yoghurts, Fruit selection				
<b>Desserts</b>	Devon Split	Chocolate Mandarin Cake & Chocolate Sauce	Fruit Crumble & Custard	Marble Sponge & Custard	Arctic Roll