

Whole School Meals Menu - Terms 4 & 5 2016

Week 1



Monday

Hawaiian Pizza ✓
or
Cheese Filled Tortellini ✓
served with Garlic Flatbread

Savoury Rice

Peas/Coleslaw

Chocolate Orange Cake & Cream

Fresh Fruit/Yoghurt

Tuesday

Lasagne ✓
or
Veggie Shepherd's Pie ✓

Garlic Bread

Carrots

Apple & Pear Crumble & Custard

Fresh Fruit/Yoghurt

Wednesday

Roast Pork with Apple Sauce & Gravy ✓
or
Spring Vegetable & Potato Bake ✓

Roast Potatoes

Local Seasonal Vegetables

Cheese & Crackers with Grapes

Fresh Fruit/Yoghurt

Thursday

Chicken & Ham Pie ✓
or
Quorn Meatloaf ✓

New Potatoes

Broccoli

Chocolate Brownie

Fresh Fruit/Yoghurt

Friday

Fish Fingers & Tomato Ketchup ✓
or
Mexican Bean Wraps ✓

Chips or Pasta

Peas/Baked Beans

Angel Delight

Fresh Fruit/Yoghurt

Week 2



Baked Sausages & Gravy ✓
or
Pasta Provencale ✓

Creamy Mashed Potato

Sweetcorn

Ice Cream/Frozen Fruit Smoothie

Fresh Fruit/Yoghurt

Chicken Myers ✓
or
Vegetarian Chilli & Rice ✓

Pasta

Broccoli

Fruit Crumble & Cream

Fresh Fruit/Yoghurt

Roast Gammon & Gravy ✓
or
Stuffed Peppers ✓

Roast Potatoes

Local Seasonal Vegetables

Shortbread Finger with Raisins

Yoghurt/Fresh Fruit

Beef Strips in BBQ Sauce ✓
or
Mushroom Carbonara ✓

Wholegrain Rice or Noodles

Carrot Batons

Chocolate Sponge & Chocolate Sauce

Fresh Fruit/Yoghurt

Salmon & Sweet Potato Fishcake ✓
or
Cheesy Scotch Eggs ✓

Chips/Pasta

Baked Beans

Fruit Jelly

Fresh Fruit/Yoghurt

Week 3



Jacket Potato served with a choice of fillings ✓
or
Spanish Omelette ✓

Baked Beans/Salad

Fruit Crumble & Custard

Fresh Fruit/Yoghurt

Pork Meatballs ✓
or
Veggie Bolognaise ✓

Wholegrain Rice

Sweetcorn

Summer Fruit Sponge & Cream

Fresh Fruit/Yoghurt

Roast Chicken Thigh, with Stuffing & Gravy ✓
or
Cauliflower & Broccoli Bake ✓

Roast Potatoes

Local Seasonal Vegetables

Raspberry Ripple Mousse

Fresh Fruit/Yoghurt

Sausage Roll Slice ✓
or
Mexican Bean Nachos ✓

Sweet Tomato Pasta

Green Beans

Syrup Sponge & Custard

Fresh Fruit/Yoghurt

Vinegar Infused Battered Fish ✓
or
Curried Vegetable Pasty ✓

Chips/Pasta

Peas or Baked Beans

Cookie & Milk

Fresh Fruit/Yoghurt

whole
SCHOOL
meals

Bread, salad and fresh drinking water are available with every meal. Fresh Fruit is available as an alternative to main dessert daily. See www.wholeschoolmeals.co.uk/menus for week dates