

## WHOLE SCHOOL MEALS - MENU - NOVEMBER 2021 - MARCH 2022

Weeks 22-Nov 03-Jan 24-Jan 21-Feb 14-Mar	<b>Optn 1</b>	Homemade Pizza (v) or	Chicken Goujons or	Roast Pork with Apple Sauce & Gravy or	Spaghetti Bolognese or	Salmon Bites or Fish Fingers or
	<b>Optn 2</b>	Mexican Bean Wraps (vg)	Spicy Tomato Pasta (vg)	Vegan Quorn Sausage & Gravy (vg)	Cauliflower & Broccoli Bake (v)	Veggie Nuggets (vg)
		Jacket Wedges & Ketchup	Crushed New Potatoes	Roast/Boiled Potatoes	Garlic Flatbread	Chips/Pasta
		Baked Beans & Peas	Broccoli & Carrots	Local Seasonal Vegetables & Cooks Choice	Mixed Vegetables & Broccoli	Baked Beans & Sweetcorn
	<b>Opt 3</b>	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
<b>Dessert</b>	Iced Banana Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Raspberry Buns Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Angel Delight Mousse Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Vanilla Shortbread(vg) & (Custard) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	
Weeks 29-Nov 10-Jan 31-Jan 28-Feb 21-Mar	<b>Optn 1</b>	Macaroni Cheese (v)/Tomato Pasta(vg) or	Meatballs in Tomato Sauce or	Roast Chicken Thigh with Stuffing & Gravy or	Minced Beef Wellington & Gravy or	Breaded/Battered Fish or
	<b>Optn 2</b>	Veggie Stir Fry with Rice (vg) or Noodles (v)	Meatless Meatballs (vg)	Vegan Quorn Sausage & Gravy (vg)	Quorn Meatloaf (v)	Curried Veggie Pasty (vg)
		Garlic Dough Balls	Pasta	Roast/Boiled Potatoes	Creamed Potatoes	Chips/Pasta
		Peas & Mixed Vegetables	Broccoli & Carrots	Local Seasonal Vegetables & Cooks Choice	Cauliflower & Green Beans	Baked Beans & Peas
	<b>Opt 3</b>	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
<b>Dessert</b>	Oat Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Marble Sponge & (Custard) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Ice Cream/Frozen Fruit Smoothie (vg) & Fruit Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Lemon Drizzle Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Shortbread (vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	
Weeks 06-Dec 17-Jan 07-Feb 07-Mar 28-Mar	<b>Optn 1</b>	Pitta Pizza (v)	Chicken Tacos or	Roast Gammon & Gravy or	Baked Sausages & Gravy or	Fish Fingers or
	<b>Optn 2</b>	Pasta Provencale (vg)	Pulled BBQ Jackfruit (vg)	Chickpea Pattie (vg)	Vegan Quorn Sausage & Gravy (vg)	Veggie Nuggets (vg)
		Herby Diced Potatoes	Savoury Rice	Roast/Boiled Potatoes	Creamed Potatoes	Chips/Pasta
		Peas & Sweetcorn	Carrots & Green Beans	Local Seasonal Vegetables & Cooks Choice	Swede & Broccoli	Baked Beans & Sweetcorn
	<b>Opt 3</b>	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
<b>Dessert</b>	Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Sponge & (Chocolate Sauce) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Frozen Fruit Smoothie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Iced Carrot Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Goey Chocolate Biscuit Fresh Fruit/Jelly/Oaty Apple Bar (vg)	

**ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY**

[www.wholeschoolmeals.co.uk](http://www.wholeschoolmeals.co.uk)