



Menu April 2023 - July 2023

		Week One	Week Two	Week Three
		17 Apr, 08 May, 05 Jun, 26 Jun, 17 Jul	24 Apr, 15 May, 12 Jun, 03 Jul	01 May, 22 May, 19 Jun, 10 Jul
Monday	Option 1	Mac n Cheese	Pizza *	Cheesy Broccoli Pasta Bake
	Option 2	Roasted Vegetable Pasta Bake	Tomato Pasta	Pasta Provencale
	served with	Garlic Flatbread Peas & Sweetcorn	1/2 Jacket Potato Sweetcorn & Mixed Salad	Chunk of Home-made Bread Peas & Sweetcorn
	Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	
Tuesday	Option 1	Bolognese	Pork Meatballs	Chicken Tacos
	Option 2	Veggie Bolognese	Veggie Meatloaf *	Mexican Bean Wraps *
	served with	Spaghetti Mixed Vegetables & Broccoli	Pasta Green Beans & Carrots	Savoury Rice Mixed Salad
	Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Iced Carrot Cake Fresh Fruit/Jelly	Chocolate Cake & Chocolate Sauce Fresh Fruit/Jelly	Marble Sponge & Custard Fresh Fruit/Jelly	
Wednesday	Option 1	Roast Chicken with Stuffing & Gravy	Roast Pork & Gravy	Roast Turkey with Stuffing & Gravy
	Option 2	Carrot & Lentil Bake	Mustardy Veggie Sausage Bake	Spring Vegetable & Potato Bake
	served with	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice
	Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Vanilla Shortbread Fresh Fruit/Jelly	Oat Cookie Fresh Fruit/Jelly	Gingerbread Fresh Fruit/Jelly	
Thursday	Option 1	Sausage Roll Slice	Breaded Chicken Steak	Burger in a Bun
	Option 2	Veggie Sausage Roll	Curried Vegetable Pasty	Cheese Puff *
	served with	Creamed Potatoes Baked Beans or Carrots & Gravy	Pasta Salad Cucumber & Sweetcorn	Jacket Wedges Coleslaw & Cucumber
	Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Jam Scone Fresh Fruit/Jelly	Iced buns Fresh Fruit/Jelly	Krispie Cake Fresh Fruit/Jelly	
Friday	Option 1	Fish Fingers	Fish Fingers	Fish Fingers
	Option 2	Veggie Nuggets	Veggie Nuggets	Veggie Nuggets
	served with	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn
	Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	
Suitable for Vegetarians Suitable for Vegans & Vegetarians Contains Fish		All items are subject to availability Bread , Salad and fresh drinking water are available with every meal All vegetarian dishes with * can be made suitable for vegans www.wholeschoolmeals.co.uk		