



WSM CIC - Company no. 5721609 - Registered Address. Almond House, Betteshanger Road, Betteshanger, Deal CT14 0EN



DATES:

Week 1:

23rd Feb, 16th March.

Week 2:

2nd March, 23rd March.

Week 3:

9th March, 30th March

Allergens:

1. *Gluten/Wheat*
2. *Dairy/Milk*
3. *Eggs*
4. *Soya/Soyabeans*
5. *Mustard*
6. *Celery*
7. *Fish*
8. *Molluscs*
9. *Shellfish/Crustaceans*
10. *Sesame Seeds*
11. *Nuts*
12. *Lupins*
13. *Sulphur Dioxide*
14. *Peanuts*

All items with * can be made Vegan.

All items with ** can be made Dairy Free.

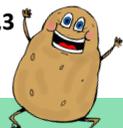


All items are subject to availability.

WEEK 1

WEEK 2

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Whirl & Sauté Potatoes 1,2 Vegetable Pasta Bake 1 Garlic Bread 1,4 Peas & Baked Beans Jacket Potato with *Cheese & Beans 2. Chocolate Krispie Cake 1,2,4 Fruit Jelly or Fresh Fruit.	Beef Tacos 1,2 Veggie Burrito 1 Vegetable Rice Carrots & Green Beans. Jacket Potato with *Cheese & Beans 2. Carrot Cake 1,3 Fruit Jelly or Fresh Fruit.	Roast Chicken, Stuffing & Gravy 1 Vegetable & Chickpea Tart 1 Rustic Roasties Cabbage & Sweetcorn. Jacket Potato with *Cheese & Beans 2. Shortbread 1 Fruit Jelly or Fresh Fruit.	Pork Meatballs 1 Meatless Meatballs 1 Pasta 1 Broccoli & Carrots. Jacket Potato with *Cheese & Beans 2. Lemon Cake 1,3 Fruit Jelly or Fresh Fruit. 	Fish Fingers 1,7 *Cheese Pizza 1,2 Skin on Fries or Pasta 1 Baked Beans & Sweetcorn. Jacket Potato with *Cheese & Beans 2. Cooks Choice 1,3.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Cheese Pizza 1,2 Mixed Bean Wrap 1 Pasta 1 Peas & Sweetcorn. Jacket Potato with *Cheese & Beans 2. Jelly Yoghurt & Fruit Compote 2 Fresh Fruit. 	Chicken Tacos 1,2 Sweet Potato & Spinach Dhal 6 Savoury Rice 6 Broccoli & Mixed Veg. Jacket Potato with *Cheese & Beans 2. Chocolate Cake 1,3 Fruit Jelly or Fresh Fruit.	Roast Pork Veggie Meatloaf 1,4 Rustic Roasties Swede & Peas. Jacket Potato with *Cheese & Beans 2. Shrewsbury Biscuit 1,3 Fruit Jelly or Fresh Fruit.	Beef Bolognese Veggie Bolognese Pasta 1 Carrots & Sweetcorn. Jacket Potato with *Cheese & Beans 2. Chelsea Buns 1,4,12 Fruit Jelly or Fresh Fruit.	Fish Bites 1,7 Veggie Nuggets 1 Skin on Fries or Pasta 1 Baked Beans & Peas. Jacket Potato with *Cheese & Beans 2. Cooks Choice 1,3.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac 'n' Cheese 1,2 Tomato Pasta 1 Garlic Dough Balls 1,4 Mixed Vegetables. Jacket Potato with *Cheese & Beans 2. Cornflake Crunch 1,2,4 Fruit Jelly or Fresh Fruit.	Mexican Beef Tortilla Bake 1,2 *Veggie Tacos 1 Pasta 1 Carrots & Peas. Jacket Potato with *Cheese & Beans 2. Iced Cookie Bun 1,3 Fruit Jelly or Fresh Fruit.	Sausages & Gravy 1,12 Quorn Sausage & Gravy 1 Mashed Potato Sweetcorn & Baked Beans. Jacket Potato with *Cheese & Beans 2. Oat Cookie 1 Fruit Jelly or Fresh Fruit.	Curried Chicken Chunks 12 Vegetable Frittata 2,3 Rainbow Rice Cauliflower & Peas. Jacket Potato with *Cheese & Beans 2. Marble Sponge 1,3 Fruit Jelly or Fresh Fruit.	Fish Fingers 1,7 *Cheese Pizza 1,2 Skin on Fries or Pasta 1 Peas & Sweetcorn. Jacket Potato with *Cheese & Beans 2. Cooks Choice 1,3.